

# Sur Sanjeevan Music Therapy Trust

(Registration No. BDR - 9/6179/2011)

## Sur Sanjeevan Music Therapy Trust's

### BOARD OF INDIAN THERAPEUTIC MUSIC

## Diploma Courses in Music Therapy

Sur Sanjeevan Music Therapy Trust is a public charitable trust founded by Pt. Shashank Katti and Board of Indian Therapeutic Music is its educational branch. The Board conducts a 14 month's part time diploma course in Sur Sanjeevan Music Therapy. In Pune 1<sup>st</sup> batch of this course has started on 19<sup>th</sup> November 2016.

#### **Course Venue :: Pune**

Karnatak Sangh , 2<sup>nd</sup> floor Siddharth Towers, Near Karishma Society , Kothrud, Pune.

#### **Course Venue :: Mumbai**

Dahanukar Colledge, Dixit Road , Vile Parle ( E ), Mumbai 400057.

The Diploma course will be the continuation of the certificate course for six more months and a practical work of two months. The major emphasis of the Diploma course will be on the practical part of Therapeutic Music Sur Sanjeevan along with fully scientific theory.

Indian Therapeutic Music will be the predominant subject of the course. It will be based on treating the patients by regaining the energy levels back to their optimum healthy state levels. For this Sur Sanjeevan Music Therapy will use the musical formats called as Suravali. These Suravali, each for particular ailment will differ from the regular Raga music and will have different types of rules. Care will be taken that after completing this course the students will themselves be capable to treat the patients. Limited seats and individual attention will be the specialized aspects of this course.

Highly qualified faculty will teach you the medical and musical aspects regarding Sur Sanjeevan.

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Fees for course :: Rs.50000/- only, which should be paid at the time of admission.

(Installment facilities available in special cases)

Cheques should be drawn by the name 'Sur Sanjeevan Music Therapy Trust'.

## **Scope of the Diploma Course ::**

- Students after completing this Diploma course can start their own set up for Holistic Healing.
- Join hands with medical fraternity as supportive therapist
- Join hands with alternative healers like naturopathy, flower remedies, Reki etc. and treat patients.

Get placed as Music Therapists in institutions.

## **You can apply for the course of Diploma in Therapeutic Music if you are**

- Music lovers
- Doctors – any faculty
- Alternative medicine therapy practitioners – Naturopathy, Unani, Accupressure, Accupuncture etc
- Supportive medicine therapy practitioners – flower remedies, Reki/ crystal reki,, holistic healing, physiotherapy etc.
- Counsellors – childhood, garbha sanskar, carrier counsellor, geriatric counsellors, behavioural counsellors etc.
- Musicians – vocal as well as instrumental
- Consultants

## Features of the course \*\*\*

- No musical background required
- Science background – not essential, if you have, it is advantage
- Advanced course
- Concise syllabus
- Multidisciplinary course

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- Can start practicing
- Holistic approach
- Non invasive therapy
- No unwanted side effects
- Can safely be added to ongoing medication of the patients
- Advance level courses in the pipeline
- Collaboration with hospitals
- Promising outcomes at clinical trials

## **Deemed Faculty for certificate and Diploma course**

Medical Faculty :: Dr. Suhas Hardas, Dr. Himalaya Pantvaidya Dr. Sanjay Chhajed, Dr. Gauri Godbole, Dr. Deepali Chhajed, Dr. Ashvini Kuldalkar, Dr. Suhas Chandak, Dr. Bhaskar Harshe, Sangita Sangvikar.

Musical Faculty :: Pt. Shashank Katti, Jui Tembhekar.

Please meet personally. Your suggestions are welcome.

For any detail information contact on 9820046920

Website :: [www.sursanjeevan.com](http://www.sursanjeevan.com)

## Syllabus for first level Diploma Course

Same as the certificate course.

## Syllabus for second level Diploma Course

### General

Concept of Music Therapy, History of Sur Sanjeevan, History & basics of Indian Classical Music and it's scientific relation with nature, Roll of Music in treatment, Suravali, Indian Therapeutic Music – Sur Sanjeevan.

### Topics

- 1] Meaning of Aas & Meend and their application as Therapeutic Tool.
- 2] Practical approach in different way :: To construct therapeutic music based on the energy elevation or reduction concept for different imbalances and its application
- 3] Diseases like Schizophrenia, Epilepsy, Memory loss and Music Therapy.
- 4] Childhood problems like lack of concentration, Hyperactivity, inactivity, Depression and Music Therapy.
- 5] Menopause :: Problems & Musical remedies
- 6] Preliminary Knowledge about EEG. To understand the report.
- 7] Ayurveds :: Subdoshas in details. Related disorders. How imbalance and hence diseases / disorders occur. Understanding basic principles of management of a disease.
- 8] Pregnancy :: Garbhav kranti, Doha position in different months, physical & psychological body problems during pregnancy period Music and Therapy.
- 9] Expansion of Sur – Neuro science concept, Study of few neuro hormones. Growth hormone, Melatonin, Serotonin, Dopamine, Cortisole etc.
- 10] To measure Blood Pressure of patient.
- 11] Advanced Nadi Pariksa Allopathy Style – Nadi Pariksha Aayurvedi Paddati.

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12] Relation between Surs and Binaural Beats.

13] Effects of Surs parallel to Binaural Beats.

14] Concept of Sruties.

Practical :: Following Suravali are there in the syllabus for different ailments.

- Marut :: Joint Pains
- Santul :: Hypertension
- Greeshma :: Acidity
- Madhuparnaa :: Diabetes
- Parjanya :: Asthma
- Nidraa Mohin :: Insomnia, Depression
- Pada Dukha harini :: Knee Pain
- Aanandini :: Stress Relaxation Evening
- Prabhaati :: Stress Relaxation Morning
- Tap Harini :: Calmness of mind

## About the “DIPLOMA In Therapeutic Music” Course

Duration of Indoor theory and practical course :: About 200 hours

Attendance :: 80% attendance is mandatory. The Trust keeps the rights to disallow the student from appearing for the exams and getting the certificate if the attendance is not satisfactory.

### Deemed Medical Faculty

Board will try to appoint the leading Doctors and musicians as the faculty for the course.

Diabetologist , Orthopedic, Psychiatric , Neurologist, Pulmonologist,  
Ayurvedachaarya, Computer expert For teaching different programs,  
Parameters teaching persons

**Dr. Suhas Hardas** :: MBBS, MD (General Medicine), DM (Cardiology),  
FICCA (Aus.), FSCAI (USA)

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Dr. Suhas Hardas is a well-known, experienced Cardiologist based in Pune, practising at Hardas Heart Care, Ruby Hall Clinic, Poona Hospital, and other hospitals in and around Pune. Having worked in the field of Cardiology for over 23 years, he has treated hundreds of thousands of patients suffering from various cardiac disorders.

**Dr. Gauri Godbole** :: MBBS,MD (TB & Chest) , Pulmonologist.

Professor & head of the department :: Smt. Kashibai Navlae Medical College and General Hospital.

**Dr. Sumit Chandak** :: MBBS, MD (Psy) Consultant Psychiatrist

Having his clinic ' The Beautiful Mind ' at Kothrud Pune. Also attached to 'Kotbagi Hospital'- Aundh and 'Sahtadri Hospital'- Kothrud.

**Dr. Bhaskar B. Harshe** :: MD (General Medicine)

Dr. Bhaskar Harshe is a renowned Consultant Diabetologist practicing in Pune, Maharashtra. He is serving as a Secretary of Scientific Session and Joint Secretary of Diabetic Association of India, Pune for last two decades. Apart from being an honorary Consulting Diabetologist at Poona Hospital and Research Center, Dr. Harshe is also attached to all major health institutes in Pune as a Diabetologist.

**Dr. Himalaya Pantavaidya, M.D. (Anesthetist)**

Practicing anesthesiologist for more than 35 years, has assisted thousands of surgeries. Associated with Pt. Shashank Katii for the last 18 years in terms of conceptualising and conducting Music Therapy sessions and lectures

**Dr. Ashwini Kundalkar,**

Professor, M.B.B.S,M.S(Anatomy). Professor Anatomy Departmen Sinhgad Dental college and Hospital.

**Vaidyaraj Dr. Sanjay P. Chhajed, M.D. (Ayurveda)**

Practicing Ayurvedic consultant for 16 years, internationally recognised Ayurveda teacher, Ex-Principal - Ayurveda College, Aurangabad & Ex-Senior consultant, M. European Research University, Vlodrop and Holland.

Specialised in Rejuvenation Therapy; one of the very few teachers of Pulse Diagnosis. Presently working as CEO, Baba Ramdeo Institute of Ayurveda, a multi faceted pioneer research institute of Modern Ayurveda and involved in

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promotion of classical Ayurveda in its latest attire. Associated with Pt. Shashank Katti for last 16 years.

## **Dr. Deepali D Chhajed M.D. ( Ayurveda )**

Dr. Deepali D Chhajed is an experienced Ayurveda in Balaji Nagar, Pune. She has had many happy patients in her 16 years of journey as a Ayurveda. She has completed MD-Ayurveda. She is currently associated with Sukhi Clinic in Balaji Nagar, Pune.

Duration of Indoor theory and practical course :: About 150 hours

Attendance :: 90% attendance is mandatory. The Trust keeps the rights to disallow the student from appearing for the exams and getting the certificate if the attendance is not satisfactory.

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